

26.2020: Xəbər

Khazar University lecturer has been awarded international certificate

On November 26, 2020, Nilufar Alizada, a lecturer and a PhD student of the Department of Psychology at Khazar University has successfully completed the three days training program on Emotional Freedom Techniques (EFT) by the International Trainer and the member of Guild of Energists the home of Modern Energy techniques including MET Modern Energy Tapping, EEFT Energy EFT and EMO Energy in Motion. Nilufar Alizada was awarded an international certificate for successfully completing the advanced training program on the strategies and principles of EFT and became a member of Guild of Energists.

Since classic EFT Emotional Freedom Techniques was first introduced, much has been learned about the cause-and-effect relationships between energy, emotions and how people think, feel and do. Indeed, it was the practice of classic EFT itself which led the way to many new discoveries about the basic principles of "how people work." Bringing together these discoveries with the practical experience of Energy EFT in the field, the new GoE Energy EFT Master Practitioner course is the first major update on the theory and practice of classic EFT Emotional Freedom Techniques since 1999. Based on the GoE Energy EFT Certification Trainings Programs and containing additional exercises for the Distance Learning Student, this course contains the most up to date and comprehensive methods, techniques and structures for mastery in Energy EFT.

